Issue Summer 5 10th May 2024



Heads Up



We have certainly fitted in a full week this week despite it only being four days long. During the bank holiday weekend, our Year 3 teacher Mrs Hallam met Michael Rosen at the Stratford Literary Festival we

not only received a special wave and video message but also some signed books for our school. Keep an eye out for these!

Our upper key stage children have enjoyed using Kingsley sports ground to take part in athletics this was for trials to take part in the local finals, watch this space!

Year R enjoyed their trip to Brandon Marsh where they took part in ponddipping, minibeast hunting and a wonderful picnic lunch in the sunshine, Brandon Marsh commented on how well-behaved and polite our children were. Well done Year R.

Year 1 and Year 2 are currently on their Trip to Coventry Transport Museum for their topic trip and we look forward to seeing the photos and finding out what they have to share with us about their experience.

Whilst we have finally been having some sunshine it is worth mentioning that now is the time that named, appropriate sun hats are brought into school, sun





cream is applied at home in the morning before school starts and practical footwear is worn. Whilst it is tempting to wear crocstyle shoes and/or open-toed strappy sandals these are not safe as children can easily injure their feet on classroom chairs and they are impractical for the trim trail, climbing frame and games areas at break and lunchtime. We also ask that shoulders exposed in strappy tops are covered up with a t-shirt. We thank you in advance for working along side us in keeping our children safe at school.

Please take a look at our school X page <u>https://twitter.com/ClaphamTerrace1</u> for all this week's photographs and videos. As well as trips and athletics we've enjoyed habitat building and a tennis tournament, we've looked at human growth and conducted refraction experiments, we've even created some 3D spiders!

As always we wish you all a wonderful weekend and enjoy the sunshine whilst it lasts.

## REMINDERS AND INFORMATION

#### SESAME AND NUT FREE SCHOOL

Please can we remind everyone that we have a number of children with severe allergies and that we are a sesame and nut free school.

Please be conscious of what you are including in your child's lunch box. Any items which contain nuts or sesame, including sushi, will have be confiscated and your child will not be allowed to eat them.

Thank you for your support with this.

#### SCHOOL DINNERS

Please see the next page for the new Dinner Menu for next week

School meals are £2.65 a day, £13.25 a week.

This cost increase is implemented by Educaterers, who provide our school meals, and reflects the increases to food and staff wages.

## **MEDICATION**

We are only able to administer <u>prescribed</u> medication to children during the school day.

If your child has been prescribed medication it must come through the office and a form must be completed -the office will be happy to help.

Year	%
R	100
1	94
2	100
3	82
4	97
5	97
6	94



#### Dinner Menu Week 3

#### Monday

Chicken Chow Mein (chicken with noodles) Vegetarian— No Beef Taco with wedges

**Tuesday** Minced Beef Pie with crispy diced potatoes Vegetarian—Quorn Dippers with rainbow rice **Wednesday** 

Roast British Pork Loin

Vegetarian—Quorn Roast in Gravy

**Thursday** British Beef Burger High Fibre Bun Vegetarian— Veggie Plant Burger High Fibre Bun

**Fishy Friday** Gluten Free Breaded Fish Fillet Fingers with chipped potatoes Vegetarian— Plantball Melt with chipped potatoes

EVERY DAY: Jacket Potato with a choice of either: Cheese, Beans, or Tuna

#### ROCKETS

We are unable to accept last minute bookings for Rockets and Breakfast club, apart from in an absolute emergency.

Bookings should be made by Friday the week prior at the latest to enable us to appropriately staff this service.

Please note that any bookings made will be charged even if cancelled.

Please also be aware that emails sent between 5pm and 8am will not be seen and actioned until the morning.

#### Thank you for your understanding.

#### **EMAILS SENT HOME**

Year 5 Cricket Tournament —selected children

Year 5 and 6 Athletics at Kingsley

Year 6 Swimming

## HOW WE GET IN TOUCH WITH YOU...

Please ensure you inform the school office of any amendments to telephone numbers, email or home address. It is vital that these are up to date so that we are able to contact you in an emergency and so that you receive all communications from the school.

## HOW TO GET IN TOUCH

Clapham Terrace Primary School Clapham Terrace Leamington Spa CV31 1HZ **Telephone:** 01926 423404 **Email:** admin2312@welearn365.com

#### DINNER MONEY

#### School Dinner cost is £2.65 per day or £13.25 a week.

Please pay online via SchoolMoney.

You may also pay by cash or cheque to the school office. Please ensure that all cash/ cheque payments come in on a Monday in a named, sealed envelope.

If you have any questions please speak to the office who will be happy to help you.

## ROCKETS BREAKFAST AND AFTERSCHOOL CLUB

Open Monday—Friday (term time only)

Places are available on all days.

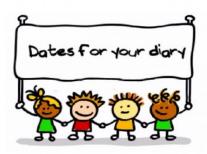
Ring: 01926 423404; or

Email: rockets@welearn365.com

	Breakfast Club	8am - 8.45	£4.00
	Rockets (from 3.15pm)	Until 4pm	£4.00
07	Rockets (from 3.15pm)	Until 5pm	£7.70
	Rockets (from 3.15pm)	Until 6pm	£9.60

#### NEW DATES ARE ADDED IN RED

HSA DATES ARE IN PURPLE



**SUMMER TERM 2024** HSA Meeting 7.30pm Monday 06<sup>th</sup> May Friday 14th June May Bank Holiday Father's Day event from 8.45am Year 3 Sleepover—more info to follow Tuesday 7th May Year 5 and Year 6 Athletics at Kingsley School Monday 17th June Year 6 Trip to Drayton Manor Wednesday 8th May Year 3 and Year 4 Athletics at Kingsley School Monday 24th June Bake Off Week—Year 1 and Year 2 Thursday 9th May **Rag Bag Collection** Friday 28th June EYFS Sports morning-more info to follow Brandon Marsh Trip Year R Alternative Parents Evening @ The Minipug in Leamington 7.30pm Home learning due in Wednesday 3rd July and Thursday 4th July Friday 10th May Coventry Transport Museum Trip Year 1 and Year 2 KS2 Production Thursday 4th July Monday 13th May SATS week in Year 6 Music Performance 9.15am (Children who take part in Independent Music Solutions lessons) Friday 17th May Great Clapham Fun Run Friday 5th July Soak the Teacher Day Talent Show Auditions Start Monday 20th May Wednesday 10th July Year Group Class Photographs Induction Morning all Year Groups Tuesday 21st May Friday 12th July CARL'S Summer Disco Year 6 Swimming Starts Monday 15th July PM Wednesday 22nd May Oscars for Year R House Event Basketball EYFS Class Assembly 9.10am Tuesday 16th July PM Oscars Year 1 and Year 2 Thursday 23rd May Talent Show Day Wednesday 17th July PM Friday 24<sup>th</sup> May Oscars Year 3 and Year 4 Teacher Training Day Thursday 18th July PM Monday 27<sup>th</sup> May – Friday 31<sup>st</sup> May Oscars Year 5 and Year 6 Friday 19th July Half Term Year 6 Leavers Assembly 10.am Thursday 6th June Year 1-Year 6 Sports Day at Edmondscote Sports Ground School finishes for the Summer Holiday Friday 7th June Thursday 12th September HSA Meeting 7.30pm Break the Rules Day Wednesday 12th June Year 3 Class Assembly Thursday 13th June





## Events that support our fund raising

## Friday 17th May—Great Clapham Run

Sponsorship forms to follow

## Friday 7th June—Break the Rules Day

Children can choose from a list and break the rules for a day.

## Friday 28th June—Alternative Parents Evening

## Friday 5th July—Soak the Teacher Day

Children can donate to soak the teachers outside on the playground

## Friday 12th July—Summer Fair and Disco

#### Money we have raised:-

Cake Sales have raised over £400.00

The Disco raised over £100.00

Rag Bag collection raised £106.00

The Quiz Night generated over £900.00

Easter Egg Bingo generated over £250.00

What your money has been spent on so far:-

Astro Turf

Darrell Wakelam Artist

Commando Joe

Ricky's Dance

New Stage for school performances

Year Group Trips funded through the class donations

Next big projects

**Calm Room** — We have secured funding from a grant of £1000.00 which we are putting towards refurbishing our school's calm room.

## Alternative Parents Evening

Friday 28th June 2024 7.30pm

@ The MiniPug Clemens Street, Leamington

Adults only celebration for the end of term!

We are looking for entertainment this year so if anyone fancies putting on some music is a comedian or wants to DJ, then please let your HSA Rep know or contact the school office.

There will also be a raffle and other fundraising ideas to het involved with all money raised will go towards the HSA for the benefit of our children.

Time to book the babysitter—more details will follow!

## **Meeting Dates**

Alternative parents Evening Planning Meeting

Thursday 13th June at 7.30pm -venue to be confirmed.

We are always looking of volunteers and new members so if you are available please do join us.

Thursday 12th September 7.30pm- venue to be confirmed.

## Great Clapham Run

The annual Clapham Run will be on day 17th May.



Please do come along and support this event.

You are welcome to join us from:-

9.15am for EYFS Parents

10.00 am for Year 1 Parents

Eagle Rec at 1.30pm for Parents in Year 2-6.

The children do really like it when you come along and cheer them on or run with them.

Children in Year 1 and below will run around the playground in the morning.

### WELCOME TO THE FAMILY INFORMATION SERVICE NEWSLETTER



# The Great Clapham FUN RUN 2024 Friday 17th May 2024



"Run And Never Give Up!"

The Great Clapham Fun Run 2024 JustGiving Page



Mental Health in Schools Team

### Positivity

Positive thinking, or an optimistic attitude, is the practice of focusing on the good in any given situation. It can have a big impact on your physical and mental health. That doesn't mean you ignore reality or make light of problems. It simply means you approach the good and the bad in life with the expectation that things will go well.

When we are having a difficult time with our mental health and wellbeing, it can seem quite tricky to keep positive, so we've got some helpful tips and tricks to help you practise positivity...

#### Our Tips for Positivity:

- Focus on your strengths. Each day for a week, think about one of your personal strengths, like kindness, organisation, patience, or creativity. Write down how you plan to use that strength in new ways that day. Then, act on it!
- 2. Take time to look for the positives in your life. Try writing, or drawing, 1 or 2 things that have been good experiences. These may be things you are thankful for, or things that make you feel happy. They could be things that give you positive thoughts, make you feel good in your body, or something you love about the world around you.
- 3. Keep a gratitude journal. Regularly write down the things you're thankful for in your life, you could do this once a day or at the end of the week. Consider completing this with a family member or friend, to help you to share positivity with others, and take inspiration from them.
- 4. Share positives with your friends and family. Talk to people and share things you enjoy, things that make you feel good, and get them to share with you. Encouraging others to think and act positively can help our own mindset too!
- Challenge unhelpful thinking. When we're struggling to be positive, it is helpful to challenge our unhelpful thinking styles to enable us to work through them and develop a positive mindset.

In order to develop a positive mindset, it is also important to look after our physical health, so try to make sure that you're exercising, eating healthily and in a good bedtime routine, as healthy bodies can help lead to healthy minds!

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominatel <u>thankskids@covwarkpt.nhs.uk</u>.



MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.



ntal Health Awarenes Week: 13<sup>th</sup>-19<sup>th</sup> May



#### Barnardo's Warwickshire Children and Family Centres A coordination of services for families with children aged 0-19 and up to age 25 with SEND





Come and join in the fun at our Family Time Sessions! These sessions enable you to come along with siblings and enjoy the activities on offer. Please scan the code to book a place! Tickets are on a one per family basis - Bookable a week in advance.

> Family Time Sessions! Thursday's - 1.15 - 2.45

If you are unable to attend a session, please remember to cancel your order to enable another family to enjoy the session.





